

Laban Movement Analysis (LMA)

SPACE Where

- **Personal**
Located

- **General**
Everywhere

- **Levels**
Low
Middle
High

- **Directions**
Up • Down
Forward • Backward
Left • Right
Diagonal

- **Reach**
Near
Mid
Far

- **Pathways**
Straight
Curvy
Angular
Circular

- **Space Words**
Over • Under
Around • Through
In Front • Behind
Toward • Away
Near • Far

