# 92<sup>nd</sup> ST Y DEL Early Childhood Teacher Training: An Early Childhood Dance Education Model

Taught by Jen Katz-Burk and Guests

July 9<sup>th</sup> – 13th 9:30am – 4:30pm

Dance Education Laboratory (DEL) 92<sup>nd</sup> ST Y Harkness Dance Center

#### **Course Description**

The 92nd Street Y DEL Early Childhood Dance Curriculum encourages learning through play, providing a stimulating, multi-sensory and nurturing community for diverse young learners to discover their innate movement capacity.

Participants in this course will gain hands-on learning experience in creating age-appropriate dance lessons and activities for Pre-K age children. Interactive and participatory, this course will cover the following topics: developmental stages of early childhood, developmental patterns and the sensory system, basics of early childhood dance lesson planning, hands-on observation of the DEL/EC model in action, LMA vocabulary as a springboard for dance learning and lesson plan organization, strategies for effective teaching, working with children with disabilities, self regulation and assessment through dance, and collaborative lesson planning with peers.

Come prepared to move and delight in the wonder of early childhood dance, play and learning.

#### COURSE REQUIREMENTS: (August 11th for ESC credit\*)

Attendance/active participation in all class sessions	60%
DEL Blog Participation	10%
Final Project- Early Childhood Dance unit	30%
(See handout for specific final project requirements)	

<sup>\*</sup>ESC Students: Please see your course facilitators for more information about credit requirements.

# Day 1 July 9<sup>th</sup>

9:45am	Introductions Brief history of DEL/EC initiative at the 92nd ST Y. Greetings from John-Mario Sevilla and Jen Katz Burk
10:00am	Name Dance followed by deconstruction and reflection
11:00am	Common Ground Ice Breaker
11:30am	Essential Questions for the Week Developing a rationale for Dance in Early Childhood
11:45	Developmental Patterns Improv, Poem, and Warm up
12:30pm	LUNCH
12.50pm	LUIVEII
1:30pm	WonderDance Warm-Up
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1:30pm	WonderDance Warm-Up
1:30pm 2:00pm	WonderDance Warm-Up Early Childhood (EC) Developmental Benchmarks Videos
1:30pm 2:00pm 2:20	WonderDance Warm-Up  Early Childhood (EC) Developmental Benchmarks Videos  EC Development - Benchmarks & Temperament
1:30pm 2:00pm 2:20 3:00pm	WonderDance Warm-Up  Early Childhood (EC) Developmental Benchmarks Videos  EC Development - Benchmarks & Temperament  Developmental Dance Benchmarks Activity (small groups)

DAY 1 Homework: Browse DELCOR site for handouts and course materials. Post on forum related to essential question of the day. View DEL videos if you have not already done so.

# DAY 2 July 10th

9:30am	<b>Essential Question Discussion</b>

10:00am Demo lesson plan and participant reflection 11:00am DEL/EC Dance Recipe for the Classroom Lesson plan

12:30pm	LUNCH
1:30pm	Intro to LMA for early childhood and Exploration Activity
2:30pm	Working with Standards and Demonstrating Evidence of Learning
4:00pm	Introduction of Final Group Projects
4:15pm	Meet with ESC (other students turn and talk, journal etc)

**DAY 2 Homework:** Post on forum related to essential question of the day.

### DAY 3 July 11th

9:30am	Essential Question Discussion
10:00am	Meditation in Early Childhood
10:30am	Guest workshop with Diane Duggan – Working with students with disabilities; behavior support
12:30pm	LUNCH
1:30pm	Early Childhood Curricular Themes for Dance Unit Planning
3:00pm	Exploration Game
3:45pm	Work in groups to begin writing exploration in lesson template
4:30pm	Closing Remarks

DAY 3 Homework: Post on forum related to essential question of the day. Start to think about how you will explore your movement sentence using LMA vocabulary.

### Day 4 July 12th

9:30am	Essential Question Discussion
10:00am	Prop Improv Activity

10:45am	Drumming	Workshor	with 1	Karen	Diaz	Ensanian
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12:45pm	LUNCH
1:45pm	Development - Early Childhood Choreography Tools
2:30-4:00	Final Project Group Work
4:00pm	Presentation Guidelines/Closing Remarks

**DAY 4 Homework:** Post on forum related to essential question of the day. Reflect upon our work with early childhood choreographic tools and think about how your group will develop your movement sentence to give it structure. Prep for Final Project Presentation

## DAY 5 July 9th

9:30am	Morning Dance Party
10:00am	Prep for Final Project Presentations
11:00am	Presentations
12:30pm	LUNCH
1:35pm	Presentations
3:00pm	General Feedback and Reflect back to Essential Questions Summary
4:00pm	Goodbye Dance
4:10pm	Group Photo and Goodbye!

# Recommended Reading \*Out of print books can be found at Amazon.com

- New York State Prekindergarten Foundation for the Common Core
- Dance and Language Experiences with Children, Joyce Boorman
- A Moving Experience: Dance for Lovers of Children and the Child Within, Benzwie, Teresa
- Blueprint for Teaching and Learning in the Arts: Dance, New York City Department of Education
- Creative Dance for All Ages, Anne Green Gilbert
- Dance for Young Children, Finding the Magic in Movement, Sue Stinson
- Early Childhood Dance Standards, NDEO
- Education through the Dance Experience, David Docherty

- Factors that Influence Language Development, Encyclopedia on Early Childhood Development, Judith Johnston, PhD
- First Steps in Teaching Creative Dance to Children, Joyce, Mary
- Goodnight toes! Bedtime stories, lullabies and movement games Barlin, A.L. & Kalev, N.
- How the Brain Learns, David A Sousa
- Infants and Toddlers in Motion, Dancers Universe, December 12<sup>th</sup>, 2008 Jasmine Rios
- Is My Child Normal? Early Childhood Physical Development, Esther Boylan Wolfson
- Mind in the Making, Ellen Galinsky
- Movement Stories for Children Ages 3 6, Helen Landalf & Pamela Gerke
- Playdancing, Fraser. D.L.
- Roots of Empathy, Mary Gordon
- Smart Moves: Why Learning is Not All in Your Head, Carla Hannaford, Ph.d
- Teaching the Three R's Through Movement Experiences, Anne Green Gilbert
- The Dancing Dialogue, Using the Communicative Power of Movement with Young Children, Suzi Tortora
- The Language and Thought of the Child, Jean Piaget
- What's Going on in There? How the Brain and Mind Develop in the First Five Years of Life, Lise Eliot

#### **Articles**

- "Let the Kids Learn Through Play", David Kohn. The New York Times, May 16, 2015
- "Why kids need to Move, Touch, and Experience to Learn", Katrina Schwartz. KQED March 26, 2015 http://ww2.kqed.org/mindshift/2015/03/26/why-kids-need-to-move-touch-and-experience-to-learn/
- "Dance in Schools: Why Do We Have to do This?", Emily Caruso Parnell. Physical and Health Education Autumn 2012. <a href="http://cabricreativedance.com/wp-content/uploads/2013/01/DANCEARTICLE02.pdf">http://cabricreativedance.com/wp-content/uploads/2013/01/DANCEARTICLE02.pdf</a>
- "Moving Bodies, Building Minds: Foster Preschoolers' Critical Thinking and Problem Solving through Movement", Michelle L. Marigliano and Michele J. Russo. Young Children September 2011
- "Early motor experiences give infants a social jump start", Psychology & Psychiatry September 9, 2011 www.medicalxpress.com/print234757480.html
- "Young Children and Movement: The Power of Creative Dance", Connie Bergstein Dow https://www.naeyc.org/tyc/files/tyc/file/V6N1/Dow2010.pdf
- "The Importance of Fantasy, Fairness, and Friendship in Children's Play" An Interview with Vivian Gussin Paley. American Journal of Play –Volume 2. Number 2. Fall 2009
- "Twelve Characteristics of Effective Early Childhood Teachers", Laura J. Colker. Young Children March 2008
- "Is My Child Normal? Early Childhood Physical Development", Esther Boylan Wolfson. <a href="https://www.wholefamily.com/aboutyourkids/child/normal/physical\_development.html">www.wholefamily.com/aboutyourkids/child/normal/physical\_development.html</a>.
- "To Dance is a Radical Act: The Practice of Dancing is Vital to our survival as humans on earth", Kimerer LaMothe. https://www.psychologytoday.com/blog/what-body-knows/201111/dance-is-radical-act

#### **Recommended Books**

- Developmentally Appropriate Practice in Early Childhood Programs: Serving Children from Birth through Age 8 (3<sup>rd</sup> ed.), Carol Copple & Sue Bredekamp, eds.
- Infants and Children (5th ed.), Laura E. Berk
- Your Two Year Old: Terrible or Tender, Louise Bates Ames & Frances L. Ilg
- Your Three Year Old: Friend or Enemy, Louise Bates Ames & Frances L. Ilg
- Your Four Year Old: Wild and Wonderful, Louise Bates Ames & Frances L. Ilg
- Your Five Year Old: Sunny and Serene, Lousie Bates Ames & Frances L. Ilg

### **Recommended Journals/Magazines**

Teaching Young Children Young Children Exchange Magazine Early Childhood Research Quarterly

#### Websites

www.childcareexchange.com www.reggioalliance.org/ www.nea.org/home/18163.htm www.naeyc.org www.earlychildhoodnews.com www.eric.ed.gov/ www.bankstreet.edu/library