Developmental Benchmarks

Age	Fine Motor Skills	Gross Motor Skills
Two Year Olds	Turns pages in a book singly Imitates drawing a circle, vertical and horizontal line Fingers work together to scoop up small objects. Constructs simple two and three piece puzzles Enjoys short, simple finger play games Strings large beads on shoelace Builds tower of up to 8 blocks	Kicks large ball Jumps in place Runs without falling Throws ball without falling Walks up and down stairs alone Uses whole arm usually to paint Marches to music Tends to use legs and arms as pairs
Three Year Olds	Cuts paper Builds tower of nine small blocks Pastes using a finger Pours from a pitcher Copies a circle from a drawing Draws a straight line Uses fingers to pick up small objects Strings beads and can arrange by color and shape Uses a knife to spread at meal or snack time	Catches ball with arms extended forward Throws ball underhand Completes forward somersault Walks up stairs with alternating feet Rides a tricycle skillfully Runs, walks, jumps and gallops to music Throws ball without losing balance Hops on one foot
Four Year Olds	Buttons or unbuttons buttons Cuts on a line with scissors Completes a six to eight piece puzzle Copies a "t" Buckles a belt Zips separated fasteners Adds five parts to an incomplete person	Walks up and down stairs one foot per step Skips on one foot Rides a bicycle with training wheels
Five Year Olds	Uses a knife Copies most letters Traces objects Draws crude objects Colors within lines Copies square, triangle and diamond shape Models objects from clay Laces shoes	Tries roller and ice skating Catches a ball with hands Jumps from heights Jumps rope Walks on stilts Skips Climbs fences

Developmental Benchmarks

Age	Social and Emotional Skills	Intellectual Skills
Two Year Olds	Takes toys away from others Plays near other children, but not cooperatively Unable to share toys Acts negatively at times Seeks teacher's attention Expresses fear of the dark Observes others to see how they do things	Talks mostly to himself Uses "me" instead of proper name Enjoys showing and naming objects Follows two-step directions Uses a two to three hundred word vocabulary Speaks in phrases or three word sentences Answers yes/no questions Constructs negative sentences (no truck, no truck) Uses modifiers such as some, all, one Understands concepts as big and little Begins using adjectives i.e red, old
Three Year Olds	Plays in groups of two or three children Begins to take turns Sharing becomes evident with friends Enjoys independence by doing things for themselves i.e "Let me do it" or "I can do it." Yells "Stop it" at times opposed to hitting, pushing, or shoving another child	Asks "how", "what", "when", and "why" Uses verbs such as, "could", "needs", "might", and "help" Uses adverbs such as "how about" and "maybe" Understands pronouns you and they Answers "how" questions appropriately Understands "smaller" and "larger" Loves words – "secret", "surprise", & "different" Uses words to define space such as, "back", "up", "outside", "in front of", "in back of", "over", "next to"
Four Year Olds	Loves other children and having a "friend" Bases friendships on shared activities Seeks approval of friends Plays with small groups of children Delights in humorous stories Shows more interest in other children than adults Excludes children that they do not like Loves to whisper and tell secrets	Experiences trouble telling the difference between reality and fantasy Exaggerates in practicing new words Loves silly language and to repeat new silly words Vocabulary of 1200 to 1500 words Begins to identify letters in his/her name Begins to appreciate bugs, trees, flowers, and birds Learns simple card games and dominoes Develops an awareness of making good choices or not so good choices
Five Year Olds	Prefers playing in small groups Prefers friends of same sex and age Protects younger children Plays well with older siblings Washes hands before meals Respects other people's property Becomes aware of competition Develops sense of fairness Verbally expresses feelings	Names the day of the week Writes numbers from one to ten Retells main details of stories Recognizes the cause and effect of actions Tells original stories Follows three-step directions Recognizes square and rectangle shapes Recognizes numbers 1-10